

ADAPTIVE RECREATION

Fall/Winter 2008
August-December

BlazeSports Club of Las Vegas
E.L.O.A.T. • G.O.L.F. • S.P.A.R.K.
Lorenzi Adaptive Recreation Center
Heading On • Leisure Connection
New A.G.E. • R.E.P. • Project D.I.R.T.
Outreach • Wheelchair Sports



The Adaptive Recreation Division offers a variety of programs for persons of varying abilities. For information or to request a free monthly calendar of activities, please call the number listed. Most activities require pre-registration.



www.lasvegasparksandrec.com



Adaptive Recreation Division
749 Veterans Memorial Drive
Las Vegas, NV 89101



August-December 2008
Activity & Class Schedule
Get up! Get out! Get active!

35681 SQ 07/08

Help us make Adaptive Recreation fit your needs!
Complete a comment card so that we can better serve you! Ask any staff member for one today.

Visit www.clvbeyondtheneon.com to view classes and activities 24 hours a day, 7 days a week. To register for Adaptive Recreation programs and activities or for more information, please call 229-4900.

The City of Las Vegas Department of Leisure Services is committed to the fair, honest, and professional treatment of all individuals and organizations with which we serve. We proudly support the Americans with Disabilities Act (ADA) and are dedicated to customer satisfaction. If you are an individual with a disability or a parent of an individual with a disability and require program modifications, please contact the program supervisor two weeks prior to the program start date. Program modifications will be made on an individual case-by-case basis.



We are also committed to recognizing, respecting and serving our diverse community. We strive to present a broad variety of programs and services that offer a conscious acceptance, education, and inclusion of people of all ages, abilities, and backgrounds.

ADAPTIVE RECREATION DIVISION

Lonny Zimmerman, MA, CLP - Manager
Cindy Moyes - Supervisor

SENIOR ADAPTIVE RECREATION LEADERS
Jennifer Winder, CTRS
Jonathan Foster

Bernard Preston, MS, CRC

ADAPTIVE RECREATION LEADERS
Rebecca Allen, CTRS
Cassie Jemison
Bob Murray

Special Events

Camp CAL

Travel with us to Calabasas, California, for this 5 day, 4 night residential camp for adults ages 22 years and older. Everyone will participate in activities to help promote independence and social skills. Activities include sports, arts and crafts, hiking, and daily trips to Zuma Beach. *Call Jennifer Winder at 229-5177 for more information or to be placed on the mailing list.*



Monday-Friday, September 15-19
\$400 per person

4th Annual “Helter Skelter” Quad Rugby Invitational Tournament

The 4th Annual “Helter Skelter” Quad Rugby Invitational Tournament is open to all four teams from across the nation, including your hometown USQRA DIII National Champions Las Vegas Sin City Skulls. Quad rugby is a combination of wheelchair basketball, ice hockey, and handball, and is a paralympic sport. This fast-paced, action-packed sport is sure to leave you speechless. Come



out to support your local team and enjoy the sport of quad rugby. Spectator admission is free. *Call Bob Murray at 229-4903 for more information.*

Friday-Saturday, October 3-4
Paul McDermott Gymnasium on the campus of UNLV
\$350 per team, payable to the City of Las Vegas

2nd Annual Career Fair

Career Education Expo will be available for all Clark County School District students and vocational rehabilitation participants ages 16 and older. Students must dress appropriately and have a resume to enter. *Call Bernard Preston at 229-4904 for details.*



Friday, November 14
9 a.m.-12 p.m.
Minker Sports Complex,
275 N. Mojave Road

Annual Holiday Dance

Kick off the holiday season with a night of music, dancing, food, and fun. *Call Jennifer Winder at 229-5177 for more information or to be placed on the mailing list.*



Saturday, December 13
7-10 p.m.
Lieburn Senior Center,
6230 Garwood Avenue
\$20 per person

Adaptive Recreation Resources Consultation

If you are new to the Las Vegas area and are in need of recreation resources for you or a family member, please call 229-4900 to schedule an appointment.

Adaptive Recreation Programs

BlazeSports Club of Las Vegas - 229-4796

BlazeSports is a sports program for children and adults with physical disabilities that offer sports training and competitions throughout Southern Nevada. Our mission is to maximize the potential of people with physical disabilities through sports.

Focus sports include bocchia ball, table tennis, tandem bike riding, goal ball, wheelchair basketball and tennis, track and field, and swimming. Educational sessions introduce new sports and exciting activities.

Open Rec Night • Wednesdays • 6-8 p.m. • August-December
Garside Middle School Gymnasium, 300 S. Torrey Pines Drive





Adaptive Recreation Programs

- 229-1710

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities.

One-On-One Swim Lessons

Our private instruction is designed to meet the needs of people of all abilities from ages 3 to adult and is based on the American Red Cross' Learn-to-Swim program. **Call Rebecca Allen for more information.**

Six 30-minute lessons • \$100 per person



Group/Instructional Swim

In conjunction with the Clark County School District, this program provides community-based instruction for a variety of special education classes. If you are a teacher and interested in having your class participate, please call for more information.

G.O.L.F. - 229-4903

Golf Offers Lifetime Fun is a seasonal golf program for individuals of all abilities ages 12 and older. Activities include lessons and tournaments. All programs are held at the Las Vegas Golf Club. **Call Bob Murray for more information or e-mail rmurray@lasvegasnevada.gov.**

Holiday Golf Tournament: 4-Person, 9-Hole Shotgun

Friday, December 19 • 2 p.m. • \$40 per person
Las Vegas Golf Club, 4300 W. Washington Avenue
Fee includes golf round, cart rental, and range card.

S.P.A.R.K. - 229-1710

Social Play and Respite for Kids is a free program for children ages 3-8 with special needs and runs on Saturday mornings. It provides a fun, exciting, and safe environment where children may engage in social play with peers while participating in on-site recreational activities such as arts and crafts, games, and outdoor play. **Call Rebecca Allen for more information.**

Lorenzi Adaptive Recreation Center 229-6358 or 229-4905

The Lorenzi Adaptive Recreation Center provides recreational programming for individuals of all abilities ages 7-21.



Participants will enjoy a new recreation experience every week, including community outings, sports, games, arts and crafts, movies, swimming, friends, and all-around good fun.

Monday-Friday • 1-6 p.m. • August 25 - December 19
Closed all major holidays and staff development days.
\$27 (1-3 days); \$36 (4 days); \$45 (5 days)

Heading On - 229-6358

Heading On is designed to provide individuals who have had a traumatic brain injury (TBI) with leisure awareness, social interaction skills, leisure resources and leisure activity skills during and/or after clinical rehabilitation. **Call Cassie Jemison to be placed on the mailing list.**

Leisure Connection - 229-5177

Leisure Connection is a social group for adults 22 years of age and older with developmental disabilities. Community outings are planned each month to assist high functioning adults with social skills and independence. Activities include bowling, movies, lunch/dinner outings, sports events, and leisure education classes. **Please call to be placed on the mailing list.**

New A.G.E. - 229-5177

New A.G.E. is an “after-work” recreation program for adults ages 22 years and older with developmental disabilities. The program offers a variety of activities and special events that promote individuality, self-esteem and independence.

R.E.P. - 229-6358

Recreation Enrichment Program is a designed to help teens with or without disabilities become more involved in the social and community settings. It's a structured social and leisure skill building program involving group activities. Outings include bowling parties, dinner and a movie, Adventuredome, and volunteering in the community.

Project D.I.R.T. - 229-4796

Developing Interests in Risk Taking program provides people of all abilities the opportunity to explore new recreation and leisure possibilities through alternative recreation and outdoor/adventure experiences.



Basic Paddling Skills

Call for dates and times.

Fishing Clinic

Must have U.S. Department of Wildlife fishing license and own fishing pole.

Call Jonathan Foster at 229-4796 for more information.

Friday-Saturday, October 24-25

\$40 per person • Lake Mead Boulder Beach

Tent Camps

Transportation, tents, food, and drinks are provided.

Thursday-Friday, November 6-7

Saturday-Sunday, November 22-23

\$40 per camper per trip • Valley of Fire

Ski and Snowboard Days

Saturday, December 13 and Saturday, December 20

\$30 per person per trip • Las Vegas Ski and Snowboard Park

Outreach Programs and Wheelchair Sports

Disability Awareness/Sensitivity Training

We provide sensitivity training presentations to outside agencies organizations, and interest groups.

Call Bernard Preston at 229-4904 for more information.



Wounded Warriors

The city of Las Vegas Department of Leisure Services is a proud supporter of the Wounded Warrior Disabled Sports USA Project. Recreational programming and social events are fully inclusive and open to all abilities. Activities include Project D.I.R.T., Active TR, Wheelchair Sports, and team activities. **Call Bob Murray 229-4903 for more information.**

Trap Shooting

Individuals of all abilities ages 18 years and older are invited to participate in the outdoor and paralympic sport of trap and skeet shooting. **Call Bob Murray at 229-4903 or Jonathan Foster at 229-4796 for more information.**

Thursdays • 9 a.m.-12 p.m. • \$20 per person

September 18, October 16, November 20, December 4

Las Vegas Gun Club, 9400 Tule Springs Road

Active TR

Active TR offers inclusive opportunities for individuals with disabilities, along with their friends and families, to interact and socialize in a recreational setting. In addition, Active TR also promotes independence and networking opportunities for all participants.

Call Bob Murray at 229-4903

for more information.



UNLV vs UNR Football Game and Tail Gate Social

Saturday, September 27 • 7 p.m. • \$12 per person

Putting Tournament

Thursday, October 16 • 6 p.m. • \$25 per person

Therapeutic Yoga

Participants are introduced to the fundamentals of yoga. Classes are designed to strengthen the core muscles and teach breathing exercises and relaxation techniques to improve concentration and reduce hyperactivity. All classes are held at Minker Sports Complex, 275 N. Mojave Road. **Call Bernard Preston at 229-4904 for more information.**

Hand Cycling/ Tandem Bike Rides

Hand cycling is a great way to stay in shape and provides a great cardiovascular workout. **Call Jonathan Foster at 229-4796 for more information.**

Saturdays • 8 a.m. • \$5 per person

October 11, 25 and November 1, 22

Darling Tennis Center,
7901 W. Washington Avenue



Adaptive Dodge Ball

Want to play some dodge ball? What better way to reduce stress, improve health and fitness, and meet new people? The league is played on Fridays and will be held at Minker Sports Complex, 275 N. Mojave Road. **Call Bernard Preston at 229-4904 for more information.**

Racquetball

Learn the basics of racquetball played indoors while interacting with peers and improving your skills. Racquetball participants must wear protective eye wear during play. All games are held at Minker Sports Complex, 275 N. Mojave Road. Modification to the game will be available for students. **Call Bernard Preston at 229-4904 for more information.**

Wheelchair Sports

Participate in basketball, tennis, fitness, softball, football, quad rugby, and over-the-line. **Call Bob Murray at 229-4903 or Jonathan Foster at 229-4796 for more information.**



Wheelchair Basketball

The NWBA Division II Las Vegas Silver Bandits wheelchair basketball team is looking for new athletes. **Call Jonathan Foster at 229-4796 if you would like to come out and play.**

Tuesdays/Thursdays • 5:30-8 p.m. • \$30 per person

Fremont Middle School, 1100 E. St. Louis Avenue

Wheelchair Tennis

Individuals with physical disabilities may participate in Wheelchair Tennis. Sports-specific tennis chairs are made available for all who wish to participate. **Call Jonathan Foster at 229-4796 for more information.**

September-December • Tuesdays, 3-5 p.m. • \$5 per person

Darling Tennis Center, 7901 W. Washington Avenue

Wheelchair Basketball Fall Tournament

In conjunction with the NWBA, the city of Las Vegas is hosting a Division II Wheelchair Basketball Tournament. Spectator admission is free. **Call Jonathan Foster at 229-4796 or e-mail jfoster@lasvegasnevada.gov for more information.**

Saturday-Sunday, December 6-7

Paul McDermott Gymnasium on the campus of UNLV

\$350 per team, payable to the City of Las Vegas

Quad Rugby/Wheelchair Rugby

The USQRA Division III National Champions Sin City Skulls quad rugby team is looking for athletes for this hard-hitting, action-packed competitive sport. **Call Bob Murray at 229-4903 if you're interested or know of someone who might be.**

Fridays • 5:45-7:45 p.m. • \$30 per person

Minker Sports Complex, 275 N. Mojave Road



Power Wheelchair Sports Night

If you use a power wheelchair and are looking for a variety of sports and activities to participate in, you've come to the right place. Participate in a variety of activities including power soccer, power hockey, boccia, and t-ball. Ages 5 and older. You must provide your own power chair. No scooters permitted.

Call Rebecca Allen at 229-1710 for more information.